

Dr Carmel Collins

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Dr Carmel Collins is a Postdoctoral Research Fellow with the Child Nutrition Research Centre of the Women's and Children's Health Research Institute and is based at Flinders Medical Centre and the Women's and Children's Hospital.

Carmel heads the Neonatal Nutrition Research Unit within the Child Nutrition Research Centre. She is a nurse and midwife who specialised in Neonatal Intensive Care nursing before moving into a research career after gaining her PhD in 2004.

Carmel undertakes randomised controlled trials in the nutritional management of preterm infants. She is committed to translation of research into practice and is a Cochrane reviewer. She is a South Australian mentor for new reviewers for the Neonatal Review Group of the Cochrane Collaboration. She was awarded a Commonwealth Endeavour Post doctoral Research Fellowship and worked with nurses and neonatologists at the KK Women's and Children's Hospital, Singapore comparing nutritional management practices between Singapore and Adelaide. She is leading the development of clinical practice guidelines resulting from this work.